



## 2019 WORLD TAI CHI & QIGONG DAY in AUCKLAND

"One World ... One Breath"

14 February 2019

Dear Fellow Tai Chi and Qigong Enthusiasts

Once a year Tai Chi and Qigong enthusiasts worldwide gather to celebrate World Tai Chi and Qigong Day (WTCQD), and to create awareness of how these ancient mind-body practices can benefit health and healing for all mankind.

In March 2018 we advised all the past supporters of WTCQD in Auckland, that the NZ Kung-Fu Wushu Federation Incorporated (NZKWF) will organise the 2019 WTCQD Event in Auckland. In fact, the Event will be coordinated by the **Auckland Wushu Association, a newly formed branch of NZKWF.**

The 2019 WTCQD Event in Auckland will be held as follows:

**When:** Saturday, 27 April 2019. Official start time 10:00am

**Where:** Tamaki Recreation Centre at Elstree Ave, Glen Innes, Auckland

It is proposed to follow the format of our past WTCQD Events which most of you would be familiar with. To assist our preparation of the programme, we would like to request from you the following information:

- 1 Your school/club's intention to participate in 2019 WTCQD in Auckland.
- 2 The number of participants expected to attend from your school/club.
- 3 The style of Tai Chi and/or Qigong practiced by your school/club.
- 4 Your school/club's interest in participating in a Special Performance item i.e. Instructor only or instructor and students together in a choreographed routine with music (recorded in MP3 format). Time limit: 6 minutes maximum.  
Note: The number of entries accepted will depend on the programme time available, and will be allocated on a first-come, first-served basis.

**Please email the information by 23 February 2019 to [auckland@wushu.org.nz](mailto:auckland@wushu.org.nz)**

Kind regards

**Diana Lau**

Ph: 09-520 2026

Mob: 021-182 4963

**David Wong**

Ph: 09-6255197

Mob: 027-475 4162

Executive Members  
Auckland Wushu Association  
NZKWF